|  | All restaurant meals are served with chips  M/C = May Contain | Celery | Gluten | Crustaceans | Egg     | Fish    | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya | Sulphites         |
|--|---|--------|--------|-------------|---------|---------|-------|------|----------|---------|------|---------|--------------|------|-------------------|
|  | = Contains = Can be Substituted                               | ***    | M      | Y           | <u></u> | O De De |       |      |          |         | 2    | · Me    |              |      |                   |
|  | CHIPS   |        | M/C    |             |         |         |       |      |          |         |      |         |              |      |                   |
|  | BATTER  |        |        |             | M/C     |         |       | M/C  |          | M/C     |      |         |              |      |                   |
|  | COD   |        |        |             | M/C     |         |       | M/C  |          | M/C     |      |         |              |      |                   |
|  | PLAICE  |        |        |             | M/C     |         |       | M/C  |          | M/C     |      |         |              |      |                   |
| FISH   | HADDOCK   |        |        |             | M/C     |         |       | M/C  |          | M/C     |      |         |              |      |                   |
| FRIED  | FRIED SALMON  |        |        |             | M/C     | / .     |       | M/C  |          | M/C     |      |         |              |      |                   |
| FR   | SCAMPI  |        |        |             | / -     | M/C     |       | / -  |          | / -     |      |         |              |      |                   |
|  | COD BURGER  | -      |        |             | M/C     |         |       | M/C  |          | M/C     |      |         |              |      |                   |
|  | HOMEMADE FISHCAKE   |        |        |             | M/C     |         |       |      |          | M/C     |      |         |              |      |                   |
|  | POACHED SALMON  |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| ADS  | POACHED COD   |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| POACHED FISH/SALADS  | POACHED HADDOCK   | -      |        |             |         |         |       |      |          |         |      |         | / -          |      |                   |
| SH/  | FISH PANACHE  |        |        | n - '-      |         |         |       |      |          |         |      |         | M/C          |      |                   |
| D FI   | SEAFOOD MIX   |        |        | M/C         |         |         |       |      |          |         |      |         | M/C          |      |                   |
|  | DELICIOUSLY TASTY   |        |        |             |         |         |       |      |          |         |      |         | M/C          |      |                   |
| OAC  | SALMON SALAD  |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| ۵  | COD MORNAY  |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
|  | CHICK/BACON SALAD (NO DRESSING)                               |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| ACHED<br>SAUCES  | THERMIDOR SAUCE   |        |        |             |         |         |       |      |          |         |      |         | M/C          |      |                   |
| POACHED<br>SH SAUCE  | MUSHROOM & WINE SAUCE   |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| PO/<br>FISH  | TARTARE SAUCE   |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| ш.   | CHEESE SAUCE  |        |        |             |         |         |       |      |          | 11/0    | 11/0 | / 0     |              |      |                   |
| > \cdot \cdo | FISH CURRY  |        |        |             |         |         |       |      |          | M/C     | M/C  | M/C     |              |      |                   |
| CURRY  | CHICKEN CURRY   |        |        |             |         |         |       |      |          | M/C     | M/C  | M/C     |              |      |                   |
| ם כו   | VEGAN CURRY   |        |        |             |         |         |       |      |          |         | 11/0 |         |              |      |                   |
|  | CURRY SAUCE   |        |        |             |         |         |       |      |          |         | M/C  |         |              |      |                   |
| BURGERS  | BURGER BUNS   |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| IRG  | SQUIRES SPECIAL   |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
|  | 1/4LB-1/2LB BURGER  |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| BEEF   | 1/4LB-1/2LB CHEESEBURGER                                      |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
|  | 1/4LB BACON CHEESEBURGER                                      |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| CHICKEN  | CHICKEN IN A BUN  |        |        |             |         |         |       |      |          | NA /C   |      |         | NA/C         |      |                   |
| HIC  | PERI PERI CHICKEN IN A BUN                                    |        |        |             |         |         |       |      |          | M/C     |      |         | M/C          |      |                   |
|  | CHICKEN IN A BUN SPECIAL                                      |        |        |             |         |         |       |      |          | M/C     |      |         | M/C          |      |                   |
|  | VEGE GUEEGERUNGER   |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| RS   | VEGE SPECIAL  |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| VEGE/VEGAN BURGERS   | VEGE SPECIAL  |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| BUI  | QUORN BURGER WITH CHEESE                                      |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| ÄN   | QUORN BURGER WITH CHEESE                                      |        |        |             |         |         |       |      |          |         |      |         |              |      | $\longrightarrow$ |
| VEG  | QUORN SPECIAL   |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| 3E/  | VEGAN BURGER WITH CHEESE                                      |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
| /E(  | VEGAN SURGER WITH CHEESE                                      |        |        |             |         |         |       |      |          |         |      |         |              |      |                   |
|  | VEGAN SPECIAL   |        |        |             |         |         |       |      |          |         |      |         | NA /C        |      |                   |
|  | HALLOUMI BURGER   |        |        |             |         |         |       |      |          |         |      |         | M/C          |      |                   |

|                        |  |        |  | 1           | 1        |      |       |      |          |          |      |         | l 10         |      |           |
|------------------------|--|--------|--|-------------|----------|------|-------|------|----------|----------|------|---------|--------------|------|-----------|
|                        |  | >      | <u></u>  | Crustaceans |          | _    | _     |      | scs      | ırd      | 10   | ıts     | Sesame Seeds |      | tes       |
|                        | All restaurant meals are served with chips | Celery | Gluten   | ıstacı      | Egg      | Fish | Lupin | Milk | Molluscs | Mustard  | Nuts | Peanuts | ame (        | Soya | Sulphites |
|                        | M/C = May Contain                          |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | = Contains = Can be Substituted            | 1      | THE STATE OF THE S | T.          | <b>A</b> |      |       |      |          | manara a | 2    | See .   |              |      | <b>A</b>  |
|                        | ALL DAY/LITTLE BRUNCH                      |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| GRILLS AND OLD FAVS    | VEGE GRILL (QUORN SAUSAGES)                |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | VEGAN GRILL                                |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| 0                      | STEAK & ALE PIE                            |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| ANI                    | SAUSAGES & BEANS                           |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| LLS                    | JUMBO SAUSAGE, EGG                         |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| GRI                    | HAM AND EGG                                |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | CHICKEN NUGGETS                            |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | COD  |        |  |             | M/C      |      |       | M/C  |          | M/C      |      |         |              |      |           |
|                        | SCAMPI                                     |        |  |             |          | M/C  |       |      |          |          |      |         |              |      |           |
| S                      | SAUSAGE & BEANS                            |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| KIDS                   | CHICKEN NUGGETS                            |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | BEEFBURGER                                 |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | CHEESEBURGER                               |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | FISHCAKE                                   |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| Ž                      | VEGAN CURRY                                |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | VEGAN BURGER                               |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| VEGAN                  | VEGAN BURGER WITH CHEESE                   |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| >                      | VEGAN SPECIAL                              |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | VEGAN GRILL                                |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | CHIPS                                      |        | M/C  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | CHEESY CHIPS                               |        | M/C  |             |          |      |       |      |          |          |      |         |              |      |           |
| SIDES                  | RICE                                       |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| SII                    | SIDE SALAD                                 |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | MIXED SALAD (NO DRESSING)                  |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | FRUITY SALAD (NO DRESSING)                 |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | MUSHY PEAS                                 |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | GARDEN PEAS                                |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | BAKED BEANS                                |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | CURRY SAUCE                                |        |  |             |          |      |       |      |          |          | M/C  |         |              |      |           |
| S                      | THERMIDOR SAUCE                            |        |  |             |          |      |       |      |          |          |      |         | M/C          |      |           |
| )CE                    | MUSHROOM & WINE SAUCE                      |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| -<br>SAI               | CHEESE SAUCE                               |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| TTS/                   | COLESLAW                                   |        | M/C  |             |          |      |       |      |          |          |      |         |              |      |           |
| MEN                    | TARTARE SAUCE                              |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| ACCOMPAINIMENTS/SAUCES | KETCHUP (ALPHIES*)                         |        |  |             |          |      |       |      |          | *        |      |         |              |      |           |
| /IPA                   | MAYONAISSE                                 | 1      |  |             |          |      |       |      |          |          |      |         |              |      |           |
| 00                     | BROWN SAUCE                                |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
| AC(                    | BBQ SAUCE (KOREAN)                         |        |  |             |          |      |       |      |          |          |      |         |              |      | ļ         |
|                        | SWEET CHILLI SAUCE (RICH SAUCES)           |        |  |             |          |      |       |      |          |          |      |         | M/C          |      |           |
|                        | CAESAR DRESSING                            |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | FRENCH DRESSING                            |        |  |             |          |      |       |      |          |          |      |         |              |      |           |
|                        | MANGO CHUTNEY                              |        |  |             |          |      |       |      |          |          | M/C  |         | M/C          |      |           |
|                        | HONEY MUSTARD DRESSING                     |        |  |             |          |      |       |      |          |          |      |         |              |      |           |

|               | All restaurant meals are served with chips | Celery   | Gluten | Crustaceans | Egg    | Fish  | Lupin | Milk  | Molluscs | Mustard    | Nuts   | Peanuts | Sesame Seeds | Soya | Sulphites |
|---------------|--|--|--------|-------------|--------|-------|-------|-------|----------|------------|--------|---------|--------------|------|-----------|
|               | M/C = May Contain                          | Me in  | » ø,   |             |        |       |       |       |          |            |        |         |              | -90  |           |
|               | = Contains = Can be Substituted            | ****   | M      | K.          | See    | ( and |       |       |          |            | A.     | · Me    |              |      |           |
|               | WHITE BREAD                                |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | BROWN BREAD                                |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | GHERKIN                                    |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| ,,            | PICKLED ONION                              |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| EXTRAS        | PICKLED EGG                                |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| X             | COCKLES                                    |  |        | M/C         |        |       |       |       |          |            |        |         |              |      |           |
|               | ONION RINGS                                |  |        |             | M/C    |       |       | M/C   |          | M/C        |        |         |              |      |           |
|               | FRIED EGG                                  |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | CALAMARI                                   |  |        | M/C         | M/C    | M/C   |       | M/C   |          | M/C        |        |         |              |      |           |
|               | HALLOUMI FRIES                             |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | KNICKERBOCKER                              |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | CHOCOHOLICS DELIGHT                        |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | TOFFEE FUDGE SUNDAE                        |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| TS            | CHOCOLATE BROWNIE                          |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| DESSERTS      | CHEESECAKE                                 |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| )ES           | APPLE PIE                                  |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| -             | BLACKBERRY/APPLE PIE                       |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | PINEAPPLE FRITTERS                         | <u> </u>   |        |             | M/C    |       |       | M/C   |          | M/C        |        |         |              |      |           |
|               | ICE-CREAM CONE                             |  |        |             | 141/ C |       |       | IVI/C |          | 101/ C     |        |         |              |      |           |
|               | STRAWBERRY ICE-CREAM                       | <del>                                     </del> |        |             |        |       |       |       |          |            |        |         |              |      |           |
| S.            | VANILLA ICE-CREAM                          |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| ERT           | HONEYCOMBE ICE-CREAM                       |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| DESSERTS      | CHOCOLATE ICE-CREAM                        | <del>                                     </del> |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               |  | <u> </u>   |        |             |        |       |       | NA/C  |          |            | NA/C   |         |              |      |           |
|               | SORBET                                     | <u> </u>   |        |             |        |       |       | M/C   |          |            | M/C    |         |              |      |           |
| 4S            | CHOCOLATE NURBLES                          |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | CHOCOLATE NIBBLES                          | <del>                                     </del> |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | GOLDEN SYRUP                               |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| I RT          | CHOCOLATE SAUCE                            | <u> </u>   |        |             |        |       |       |       |          |            |        |         |              |      |           |
| DESSERT EXTR  | BELGIAN CHOCOLATE SAUCE                    | <u> </u>   |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | BUTTERSCOTCH SAUCE                         | <u> </u>   |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | STRAWBERRY SAUCE                           | <u> </u>   |        |             |        |       |       |       |          |            |        |         |              |      |           |
| <sub> -</sub> | WHITE TOAST                                | <u> </u>   |        |             |        |       |       |       |          |            |        |         |              |      |           |
| BREAKFAST     | BROWN TOAST                                | <u> </u>   |        |             |        |       |       |       |          |            |        |         |              |      |           |
| l AK          | TEACAKE                                    |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| BRE           | JAM  |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| <u> </u>      | MARMALADE                                  |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | DRINKING CHOCOLATE                         |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| IKS           | CHOCOLATE THICKSHAKE                       |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
| DRINKS        | STRAWBERRY THICKSHAKE                      | <u> </u>   |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | VANILLA THICKSHAKE                         |  |        |             |        |       |       |       |          |            |        |         |              |      |           |
|               | BANANA THICKSHAKE                          | NA/C   | NA/C*  |             | N//C   | N//C  |       | NA/C  |          | NA/C       |        |         |              | MIC  | NA/C      |
| <u> </u>      | GLUTEN FREE BATTER KASHMIRI PASTE          | M/C  | M/C*   |             | M/C    | M/C   |       | M/C   |          | M/C<br>M/C | M/C    | M/C     |              | M/C  | M/C       |
| OTHER         | MALT VINEGAR                               |  |        |             |        |       |       |       |          | 141/ C     | 141/ C | 141/ C  |              |      |           |
|               | VEGAN MAYONNAISE                           | <del>                                     </del> |        |             |        |       |       |       |          |            |        |         |              |      |           |



Our team at SQUIRES take allergens very seriously and make every effort to ensure that we rigorously follow the guidance set out by the <u>Food Standards Agency</u>. We continually review and update our ALLERGENS list and work with suppliers that we trust and know to have strong health & safety practices in place.

The majority of our food is fresh prepared in store daily, although our staff go through training and we have rigorous practices to eliminate cross contamination we cannot guarantee that any of our products are 100% allergen free.

Therefore, if you have a very serious reaction to any food allergens, please seriously consider whether purchasing food from us is safe for you.

If you would like to discuss any Allergen before ordering please call us on 01271815533 and we will be happy to help.